

Jetset Journals

no.1

2025

# ATHENS

5 Days

Citytrip



a travel guide

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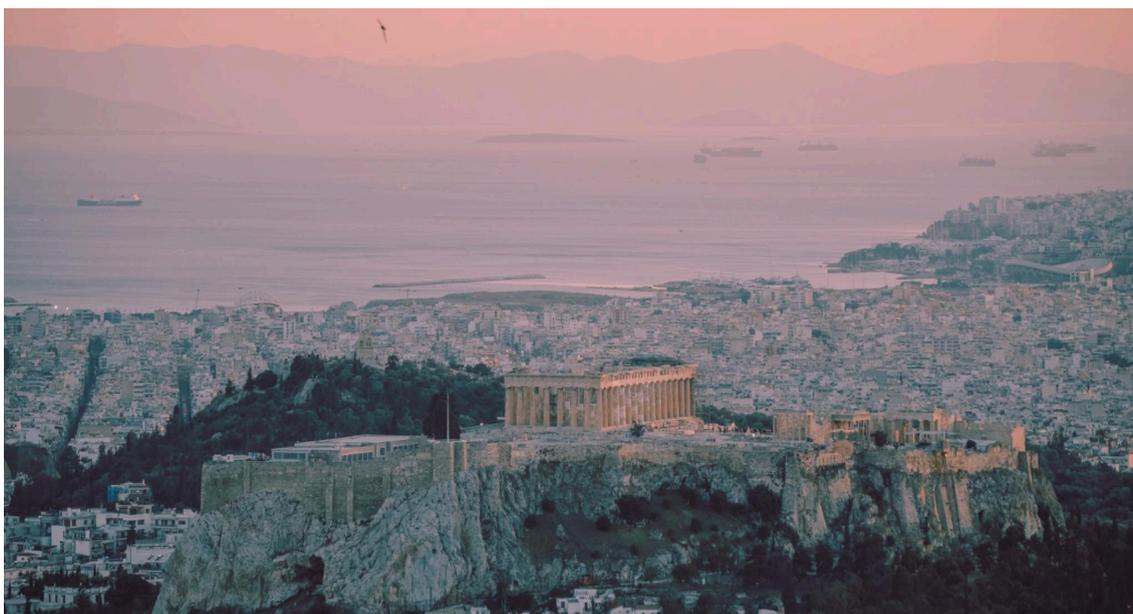
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My recommendation for accommodation to enjoy your citytrip to the fullest.

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# INTRO

Athens – the capital of Greece, known for its art and culture, ancient buildings, colorful neighborhoods, and good food – is an ideal destination for a city break.

A long weekend (3–5 days) offers enough time to experience the most important highlights of Athens and get a good impression of the city.

The Greek capital is served by several European airports and the flight time is 2.5–3 hours.

From the airport, you can take the subway directly and easily to Monastiraki Square in the city center.

All of Athens' sights are within easy walking distance.

Piraeus is well connected by subway, and Cape Sounion with the Temple of Poseidon,

Lake Vougliaomeni at the Athens Riviera, and the hiking areas of Meteora are ideal for a (half) day trip. The time difference between Germany and Athens is one hour. The best time to travel is in April/May and September/October, when it is warm and dry but not too hot.

In addition to the classic sights (especially the Acropolis), we were particularly impressed by the lively neighborhoods, the good food, and the relaxed atmosphere.

# HIGHLIGHTS



**01.**

## **Acropolis**

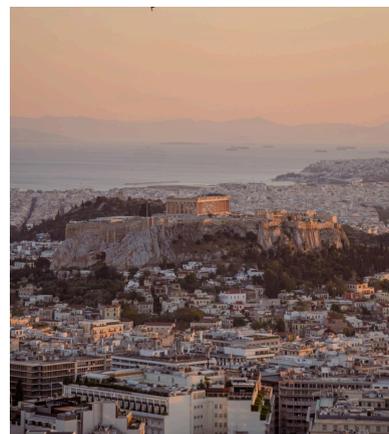
The Acropolis is the most famous sight and THE landmark of Athens. Its ancient buildings, such as the Parthenon and the Propylaea, were built in the 5th century on a hill about 60 meters above the city. Today, you can buy tickets with or without a guided tour on the official website or through booking platforms such as [getyourguide](#). Check availability a few days in advance to be sure.



**02.**

## **Panathinaikou Stadium**

The Panathinaikou Stadium, the venue for the first modern Olympic Games in 1896, is also one of the city's highlights. Tickets can be purchased at the box office and are reasonably priced. The stadium is located not far from the center and southeast from the National Garden.



**03.**

## **Lycabettus Hill**

Lycabettus Hill is also a real highlight of any trip to Athens. At a height of 280 m, it is the highest viewpoint in the city and can be reached either on foot from the neighboring Kolonaki district in about 20-25 minutes or by funicular railway. The view over the rooftops of the city and the Acropolis is particularly special at sunset.



## 04.

### Olympieion

The remains of the Temple of Zeus, one of the largest ancient temples, can be found on the grounds of the Olympieion today.

You can also see the temple through the fence, so in my opinion, it is not necessary to buy an admission ticket to the Olympieion.

## 05.

### Ancient Agora

Another ancient site worth seeing is the Agora, which translates as "marketplace." For a small entrance fee, you can stroll among the remains of ancient buildings, squares, and gardens and imagine what life was like in the past.

## 06.

### Psyrri & Exarchia

The Psyrri and Exarchia neighborhoods should also definitely be on your list. These are Athens' trendy districts and offer many nice cafés and restaurants throughout the day. In the evening, it's worth visiting the bars and clubs of Exarchia.

## 07.

### Hadrian's Gate

Hadrian's Gate was originally considered the entrance gate to the Olympieion. Today it's located next to Athens' old town and can be visited without an entrance fee.



## 08. Plaka

Plaka is Athens' old town, the oldest part of the city, located at the foot of the Acropolis.

It's a wonderful place to stroll through the narrow streets, stop at one of the many restaurants, and look for souvenirs.

The Anafiotika district with its white streets borders directly on Plaka.

## 09. Syntagma Square

Syntagma Square is located at the end of the pedestrian zone. The Parliament building with the Tomb of the Unknown Soldier is also located here.

Every full hour, you can watch the changing of the guards, who are dressed in traditional uniforms.



## 10. Piraeus

Piraeus is an independent community directly adjacent to Athens.

You can reach Piraeus by metro in just under half an hour, where you will find marinas, small beaches, and delicious fish shops.

Piraeus also is home to the famous Greek soccer team - Olympiakos Piraeus.



## DAY TO DAY

**Day 1** - After arriving, it's time for lunch—for example, at *Stone Athens*. Afterwards, visit the ancient *Agora*, which is just around the corner. In the afternoon, stroll through the streets of *Plaka*, and in the evening, stop by *The Kyklamino* for dinner.

**Day 2** - The second day begins with brunch at *Usurum*, before taking a closer look at the surrounding streets of *Psyrri* and grabbing a coffee at *Myller Coffee Shop*. In the afternoon, *Hadrian's Gate*, the *Olympieion*, and *Panathinaikou Stadium* are on the agenda. After a short break at the *national garden*, it's time to

watch *the changing of the guards at Syntagma-Square* and towards evening to head to *Exarchia* to eat at *Atitamos Mezedopoleio* and end the day in one of the many bars.

**Day 3** - On the third day, grab breakfast to go and then head off on a (half-)day trip, for example to *Piraeus*—to the *Mikrolimano marina* or *Cape Sounion*, or even *Lake Vougliagmeni*. If you're back by lunchtime, grab a snack at the *Oinomageireiro Epirus market*. You can then enjoy the sunset from *Lycabettus Hill* and have dinner at *Aspro Alogo* in the evening.

**Day 4** - Early in the morning, visit the *Acropolis*. Then head to *Picky* for breakfast and from there to *Hadrian's Library* on *Monastiraki Square*. Enjoy another beautiful view from *Philopappos Hill* before ending the short trip in *Anafiotika* and with dinner at *Liondi Restaurant*.

**Day 5** - Depending on your departure time, you can still have breakfast at *Coffee Joint*, visit the *cathedral*, or even have lunch at *Meat the Greek*. Don't forget to try the ice cream from *La Greche*, if you haven't had the chance yet.

# WHERE TO EAT

## Restaurants:

- **Stone Athens**

Gyros, grape leaves, and more, centrally  
*Adrianou 31, Athina 105 55*

- **The Kyklamino**

Various dishes, simply prepared, good wine  
*Pl. Avissinias 3, Athina 105 55*

- **Atitamos Mezedopoleio**

Great meze & large selection, in Exarchia  
*Kapodistriou 2, Athina 106 83*



- **Liondi Restaurant**

Greek salad & more, nice staff  
*Makrigianni 19-21, Athina 117 42*

- **Meat the Greek**

Souvlaki-Wraps (Gyros sold out quickly)  
*Fokionos 2-4, Athina 105 63*

- ★ **Aspro Alogo**

Authentic, Feta&Fish-Top recommendation  
*Apollonos, Athina 105 57*



## Cafés:

- ★ **Usurum Brunch & Cocktails**

Favorite brunch spot  
*Lepenioutou 19, Athina 105 54*

- **Picky Brunch&SpecialtyCoffee**

Good breakfast & nice interior  
*Christokopidou 14, Athina 105 54*

- **Coffee Joint**

Good breakfast spot & coffee  
*Vourvachi 5-9, Athina 117 43*

- **Myller Coffee Shop**

Great coffee, also to go  
*Katsikogianni 9, Athina 105 54*

- **A tot Coffee**

Cute little coffee shop  
*Lekka 28, Athina 105 62*

- **Sycophant**

Nice outside seating area, cocktails  
*Apostolou Pavlou, Athina 118 51*

- **Le Greche Gelato**

Amazing ice cream!  
*Mitropoleos 16, Athina 105 63*

# WHERE TO SLEEP

There are a variety of good hotels and airbnbs in Athens.

For our trip of four, we opted for a very spacious Airbnb with great amenities and location. It had an extra bedroom and a sofa bed in the living room, as well as access to the roof terrace.

Check here for the Airbnb:



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