

Jetset Journals

no.1

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TOKYO

5 Days

Cityguide



a travel guide

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INTRO

Tokyo – The whole of Japan has experienced a real hype in recent years, and of course, no trip here would be complete without a visit to the country's capital.

Although it is possible to fly from Europe to Osaka, too, most people start and end their trip to Japan in Tokyo.

Tokyo has just been dethroned as the world's largest city, and this metropolis with over 37 million citizens has many highlights to offer.

If you land at Haneda Airport, there are several ways to get into the city. The most comfortable and, at only about €6, also very affordable option is the limousine bus, which takes you directly to Shinjuku Station, for example.

The best way to get around the city is by metro, as some distances are quite long. It's also very easy to use. Simply download the digital SUICA Card to your smartphone and use it to check in and out when entering and leaving the station.

You should plan to spend at least five days in the Japanese capital. These five days can be split between arrival and departure, and you can also take trips from Tokyo to nearby regions such as Mount Fuji, Yokohama, or Kamakura in between.

Tokyo not only impresses with its classic highlights, but also as a food hotspot and with its atmosphere, cleanliness and structure.

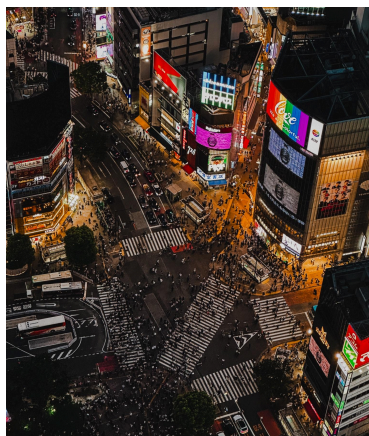
HIGHLIGHTS



01.

Shibuya Crossing

When you think of Tokyo, a certain image comes to mind, and that image certainly includes one of the most famous crosswalks in the world – Shibuya Crossing. Every day, around 250,000 people cross the street, with up to 2,500 people crossing during a single green light. You can get a great view of the intersection in the Shibuya district from above, for example from the bar on the 8th floor of the Magnet department store.



02.

Shibuya Sky

The second highlight is also located in the central district of Shibuya. The approximately 230-meter-high observation tower offers a great view of the entire city and the crossing below. The admission price is moderate at €15, but you should book your slot exactly one month in advance when tickets for the desired day go online—especially for the sunset slot.



03.

Senso-Ji Tempel

The Senso-ji Temple in the Asakusa district is definitely worth a visit, especially the beautiful five-story red pagoda. The entire district around the temple is also worth seeing, with its many restaurants and the Nakamise-dori shopping street. The Senso-ji Temple is the oldest and most important Buddhist temple in the Japanese capital. Admission to the temple is free.



04.

Meiji Shrine

Meiji Shrine is also a cultural highlight. It is one of the most important Shinto shrines in Japan and is located in the middle of a green park on the edge of the Shibuya district. The shrine and its outbuildings are well worth seeing and admission is free.

06.

Ueno Park

The Japanese capital has numerous beautiful parks. The most famous park is undoubtedly the huge Ueno Park.

The city's parks are particularly crowded during the cherry blossom season from March onwards. Shinjuku Gyoen Garden and Sumida Park are also worth a visit.

05.

Ginza

Ginza is another of Tokyo's must-see districts. In addition to numerous offices, it is also home to ultra-modern, huge shopping centers such as Ginza Six. Harajuku and Omotesando are also excellent places to shop.

07.

Tokyo Tower

Of course, a global metropolis like Tokyo has other observation towers besides Shibuya Sky—one of them is the red and white Tokyo Tower, whose shape is somewhat reminiscent of the Eiffel Tower. The Tokyo Skytree is another alternative.

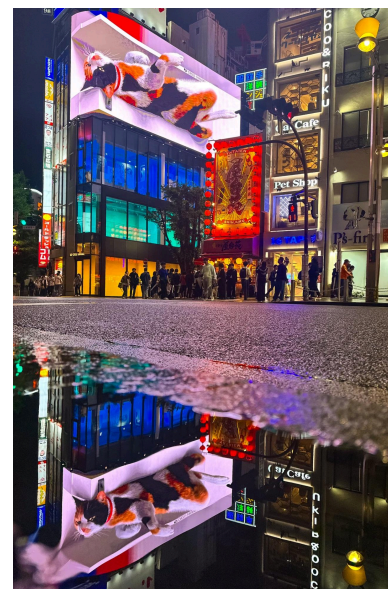


08. Akihabara

The Akihabara district is as crazy as a district can be. The district, which is like no other in the world when it comes to manga, anime, and cosplay, is extremely popular, especially among young people. The colorful district is full of arcades, department stores, and colorfully dressed locals walking through the streets in their costumes.

09. Food

Food is another highlight in Japan, and Tokyo is the mecca of the famous food scene. Ramen, sushi, and onigiri are available on every corner, and if you have time, you should definitely try a traditional omakase, where the chef prepares fresh dishes right in front of you at the counter. The Tsukiji fish market is another highlight.



10. Shinjuku

The Shinjuku district is also a must-see on any trip to Tokyo, and it really comes to life at night. Central Road, littered with neon signs, the giant Godzilla statue, the traditional Omoide Yokocho food street, and the Golden Gai bar district are just some of the highlights of the district. Trains and buses run from the station to the surrounding area.



DAY TO DAY

Day 1 – After landing in the morning, we acclimatized ourselves with a walk through *Shinjuku Gyoen Garden* and to *Meiji Shrine*. At noon, we continued on to *Shibuya* and had lunch at *Tare-Katsu*. In the afternoon, we explored the neighborhood around *Shibuya Crossing*, and in the evening, we went up to *Shibuya Sky*. For dinner, we had ramen at *Oreryu-Shio* and ended the day in the hotel's own *onsen*.

Day 2 – On day 2, we visited the *Asakusa* district and *Senso-ji Temple*. We had lunch at *Gyukatsu Motomura* and spent the afternoon strolling through *Akihabara*.

We had lunch at *Gyukatsu Motomura* and spent the afternoon strolling through *Akihabara*. In the evening, we went to *Shinjuku*, where we had dinner at *Omoide Yokochō* and went for a drink at *Golden Gai*.

Day 3 – The next day, we visited *Hie Shrine* and the *Imperial Palace*, and at lunchtime we had a table for *omakase* at *Udatsu Sushi*. In the evening, we explored the *Roppongi* district and had dinner at *Iruca Roppongi*.

Day 4 – On the fourth day, at the end of our trip, it rained a little, so we went shopping in *Ginza* and to a *sumo tournament* in the afternoon.

The tournament happens on specific dates a year in different cities. We went in May to the tournament in Tokyo. We had dinner at *Gyopao Shinjuku*.

Day 5 – On the last day of our trip, we visited the *Tsukiji Fish Market* and *Tokyo Tower* in the morning. After strolling through the shopping districts of *Harajuku* and *Omotesando*, we grabbed some onigiri from *Onigiri Manma* to go and then slowly made our way to *Haneda Airport*, from where we flew home.

WHERE TO EAT

Restaurants:

★ **Udatsu Sushi**

THE Highlight – Omakase, book in advance!
2 Chome-48-10 Kamimeguro, Meguro City,

● **Gyukatsu Motomura**

Great Gyukatsu in Akihabara (& others)
Chiyoda City, Sotokanda, 1 Chome-15-18

● **Iruca Tokyo Roppongi**

Michelin-Star Ramen Restaurant
4 Chome-12-12 Roppongi, Minato City



● **Gyopao Shinjuku**

Very good Gyozas & Soup Dumplings
Japan, 〒160-0022 Tokyo, Shinjuku City

● **Niigata Katsudon Tarekatsu**

Delicious Katsudon in Shibuya
1 Chome-5-9 Dogenzaka, Shibuya, Tokyo



● **Onigiri Manma**

Best Onigiri, also to go
Shinjuku, 3 Chome-14-23 マヤビル 1F

● **Tsukiji Fischmarkt**

Diverse fish meals
Chuo City, Tsukiji, 4 Chome および6丁目一部

★ **Oreryu-Shio Ramen (Shibuya)**

For us the best Ramen, Shibuya Store
1 Chome-22-8 Dogenzaka, Shibuya, Tokyo

● **Kurand Sake Market**

Sake all you can drink – various options
Shinjuku, 3 Chome-9-9

Cafés:

★ **Glitch Coffee & Roasters**

● **SYNDicate Café**

● **THE Matcha Tokyo**

● **About Life Coffee Brewers**

● **KOPI KALYAN Tokyo**

● **KOFFEE MAMEYA**

WHERE TO SLEEP

There are a large number of excellent hotels in Tokyo. Due to the sometimes considerable distances involved, it is advisable to stay in the central districts of Shibuya, Shinjuku, or Ginza.

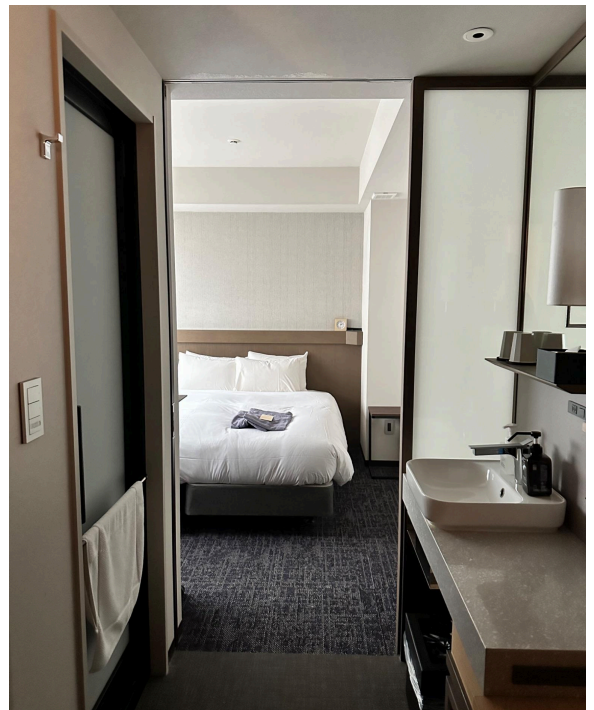
We stayed at two different hotels during our visits and can highly recommend both:

1. Onsen Ryokan Yuen Shinjuku

The interior and, above all, the rooftop onsen were an absolute highlight—we would definitely come back here anytime. The location in Shinjuku, not far from many restaurants, is also great.

2. Agora Tokyo Ginza

The Agora was also excellent. By Japanese standards, it had large rooms and stylish furnishings. It was located in close proximity to the shopping district in Ginza.





**Thanks for reading! You can find more details on
my website or Instagram & TikTok!**



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