

Jetset Journals

no.1

2025

ROME

3 Days

Citytrip



a travel guide

SUMMARY

01.

INTRO

Everything you need to know before your trip to Rome!

p.3

03.

DAY-TO-DAY

A potential itinerary for a 3-day trip to the Eternal City—Rome.

p.7



02.

HIGHLIGHTS

My top 10 must-see places in Rome, including tips and tricks!

p.4

04.

WHERE TO EAT

The best restaurants and cafes in town, which you definitely shouldn't miss.

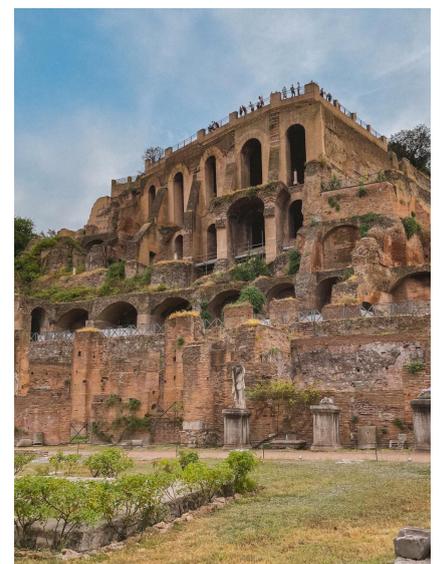
p.8

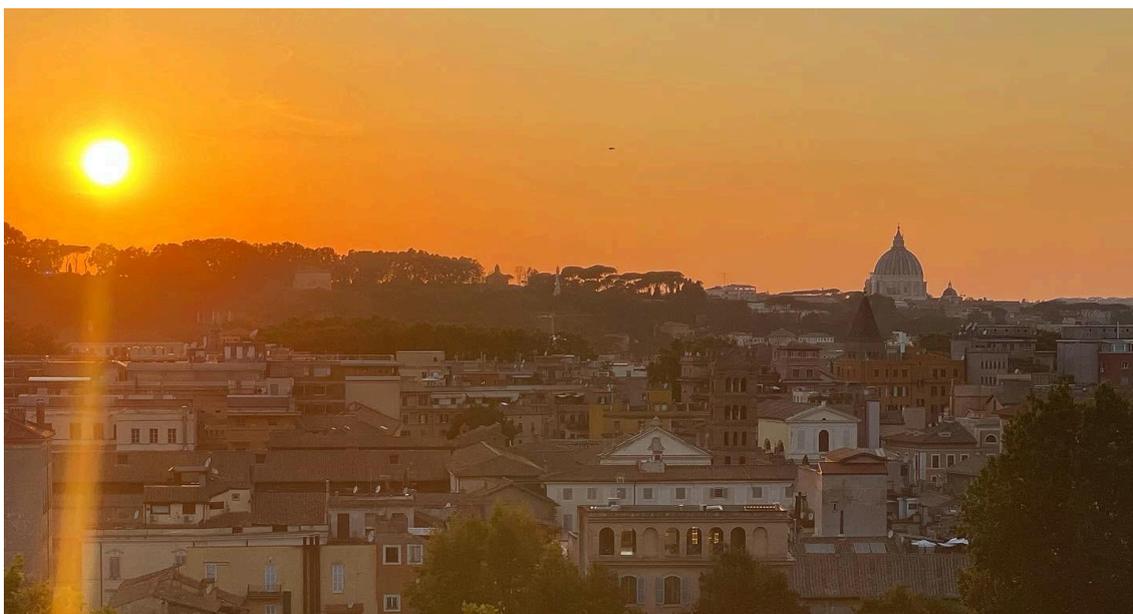
05.

WHERE TO SLEEP

My recommendation for accommodation to enjoy your city break to the fullest.

p.9





INTRO

Rome—the eternal city and capital of Italy, known for its history, ancient buildings, colorful neighborhoods, and good food—is an ideal destination for a city break.

A long weekend (3–5 days) offers enough time to experience Rome's most important highlights and get a good impression of the city. The Italian capital is served by several German airports and the flight time is approximately 2 hours. From Fiumicino Airport, a shuttle bus takes you directly and easily to the city center in about 30 minutes.

All of Rome's sights are within easy walking distance, and basically every

corner offers a building that would be the main attraction in any other city. Even from an objective point of view, Rome is definitely one of the most beautiful cities in Europe.

The best time to visit is in April/May and September/October, when it is warm and dry but not too hot.

In addition to the classic sights (especially the Colosseum), we were particularly impressed by the lively neighborhoods, the many monumental buildings and historic sites, as well as the good food and relaxed atmosphere.

HIGHLIGHTS



01.

Colosseum

THE highlight of the city is definitely the Colosseum, one of the Seven Wonders of the Modern World. The largest amphitheater in the world was built in 80 AD, and during the imperial era, fierce gladiator fights took place here.

Tickets for the Colosseum, also in combination with the Roman Forum, can be purchased online in advance or on site. A visit to the theater is definitely worthwhile.



02.

Trevi Fountain

The Trevi Fountain is also a very popular tourist destination.

The Baroque facade with its sculptures, windows, and decorations behind the huge fountain is well worth seeing.

It is supposed to bring extra luck if you throw a coin backwards over your right shoulder into the fountain. To avoid the crowds of tourists, it is best to come early in the morning.



03.

Castel Sant'Angelo

Castel Sant'Angelo is also well worth seeing.

The castle originally served as a mausoleum for the then Emperor Hadrian and was subsequently converted into a castle by the popes.

Today, the castle houses a museum that can be visited by tourists. The bridge over the Tiber is lined with statues of angels.



04.

Pantheon

The Pantheon is a fantastic sight both inside and out.

The building dates back to the time of Emperor Trajan, and its dome was long considered the largest in the world.

05.

Vatican

The Vatican is also one of the city's most famous highlights. The center of the Vatican is St. Peter's Basilica and St. Peter's Square. Here you will also find the Vatican Museums and the Sistine Chapel with Michelangelo's frescoes.

06.

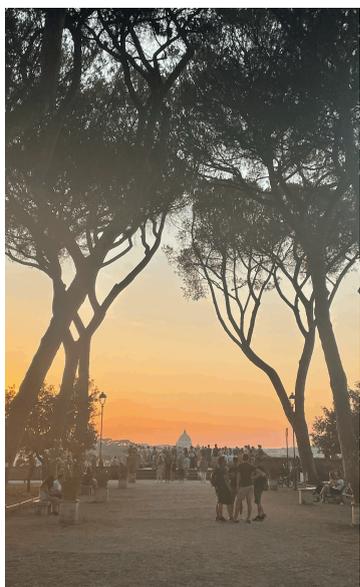
Roman Forum

A ticket for the Roman Forum is often sold as a combined ticket with one for the Colosseum. Even when walking here today, you can still imagine the hustle and bustle of earlier years, as this was the city's marketplace in ancient times.

07.

Circus Maximus

The Circus Maximus was the largest circus in ancient Rome. It is said to have had a capacity of 150,000 people and was 600 meters long.



08.

Aventine Hill

If you want to watch the sunset in Rome, but not only then, it is worth taking a trip to the Aventine Hill. It is the southernmost of the seven hills on which Rome was built, and the orange garden, the Giardino degli Aranci, is particularly beautiful. Musicians often play here and create a lively atmosphere.

09.

Spanish Steps

The Spanish Steps are one of the city's highlights and are located at Piazza di Spagna. There are 130 steps between the square and the church of Santa Trinità dei Monti at the top. The beautiful fountain in the square immediately catches the eye.



10.

Trastevere

In addition to the classic sights, Rome's many beautiful little alleys are a real eye-catcher, and the most beautiful district is Trastevere. It is located south of the Vatican, directly on the Tiber River, and is home to numerous excellent restaurants, cafés, and bars.



DAY TO DAY

Day 1 - After arriving, we recommend first taking a trip to *Castel Sant'Angelo* and then continuing on to the *Vatican*. Here at the *Vatican*, you can stroll across *St. Peter's Square* with a view of *St. Peter's Basilica*, and if you have the time and inclination, you can visit the *Vatican Museums* and the *Sistine Chapel* from the inside. Towards evening, head towards the *old town* and have dinner at *Cantina e Cucina*. You can then get dessert just around the corner—tiramisu from *Two Sizes*.

Day 2 - After enjoying coffee and a croissant from *La Casa del Caffè Tazzo d'Oro* at the *Pantheon* the next morning, head to the *Trevi Fountain* to avoid the crowds. At lunchtime, continue on to the *Spanish Steps* and enjoy an ice cream at *Giolitti*. In the afternoon, stroll along the *Tiber* to *Trastevere*, where you can enjoy an aperitif in the late afternoon and then have dinner at *Osteria Nannarella*. End the day with the sunset on the *Aventine Hill*.

Day 3 - The third and final day begins with breakfast either at *Campo Fiori* or at *Antico Caffè Greco*. Then take plenty of time to visit the *Colosseum*, the *Roman Forum*, and the *Palatine Hill*. In the afternoon, you can get out of the city for a bit and visit the *Circus Maximus* and *Via Appia Antica*. For dinner, head back to *Trastevere* to *Osteria Da Zi Umberto*.

Extra Days - If you have more time, you can spread out your schedule and enjoy the city's highlights at a more leisurely pace.

WHERE TO EAT

Restaurants:

- **Cantina e Cucina**

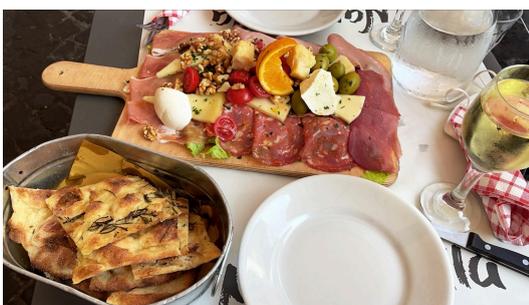
Delicious lasagne, location in old town
V. del Governo Vecchio, 87, 00186 Roma

- **Osteria Nannarella**

Great Focaccia & Cacio e Pepe
Piazza di S. Calisto, 7/a, 00153 Roma

- ★ **Osteria Da Zi Umberto**

Roman cuisine, reservation necessary
P.za di S. Giovanni della Malva, 14



- **Checco Er Caretiere**

Traditional restaurant, family business
Via Benedetta, 10, 00153 Roma RM

- **Trapizzino**

Diverse loaded sandwiches, also to go
Piazza Trilussa, 46, 00153 Roma RM

- **Alice Pizza Trastevere**

Very good pizza in Trastevere
Via di S. Francesco a Ripa, 1, 00153 Roma



Cafés & Desserts:

- ★ **Gelateria Giolitti**

Favorite ice cream in Rome
Via degli Uffici del Vicario, 40, 00186 Roma

- **Two Sizes**

Small desserts, tiramisu to go
V. del Governo Vecchio, 88, 00186 Roma

- **La Casa del Caffè Tazza d'Oro**

Great breakfast-spot with good coffee
Via degli Orfani, 84, 00186 Roma

- **Forno Monteforte**

Extraordinary baked goods
Via del Pellegrino, 129, 00186 Roma

- **Bap**

Good croissants & more
Via Raffaele Cadorna, 5, 00187 Roma

- **Forno Conti & Co.**

Very good breakfast and confectionery
Via Giusti, 18, 00185 Roma

- **Gelateria La Romana dal 1947**

Another spot for great ice cream
Piazza di S. Andrea della Valle, 00186 Roma

WHERE TO SLEEP

There are lots of good hotels and Airbnbs in Rome.

For our trip, we chose a nice Airbnb with a friendly host and a cool roof terrace. The accommodation was great value for money and, by Italian standards, very clean.

Unfortunately, it is no longer available on Airbnb, but the Hotel **Horti 14 Borgo Trastevere Hotel** is also highly recommended and has a great location in Trastevere.

Thanks for reading! You can find more details on my website or Instagram & TikTok!



jetset_journalist

<https://www.jetset-journals.com/>