

Jetset Journals

no.1

2026

# OSLO

3 Days

Citytrip



a travel guide

# SUMMARY

## 01.

### INTRO

Everything you need to know before your trip to Oslo!

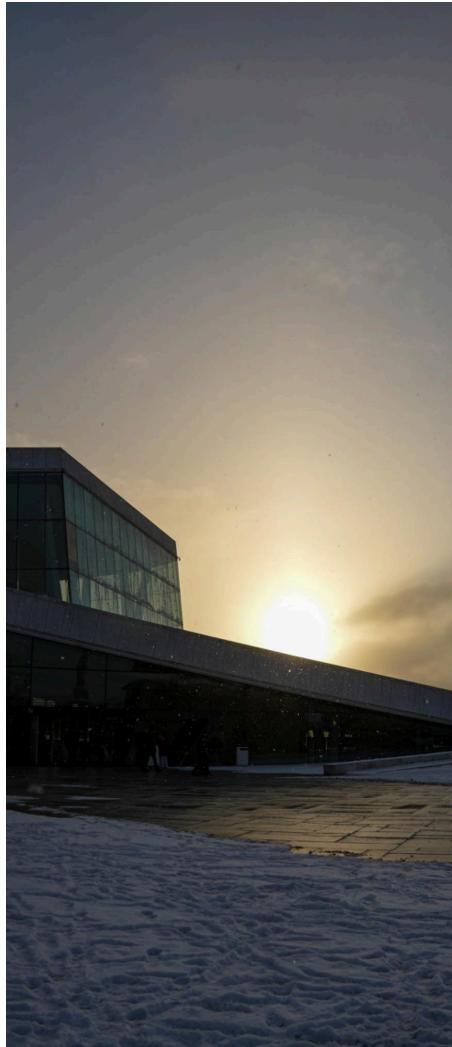
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A potential itinerary for a 3-day trip to Norway's beautiful capital city.

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The best restaurants and cafes in town, which you definitely shouldn't miss.

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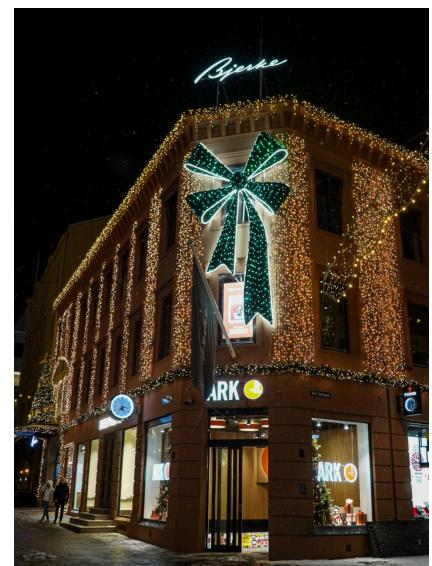


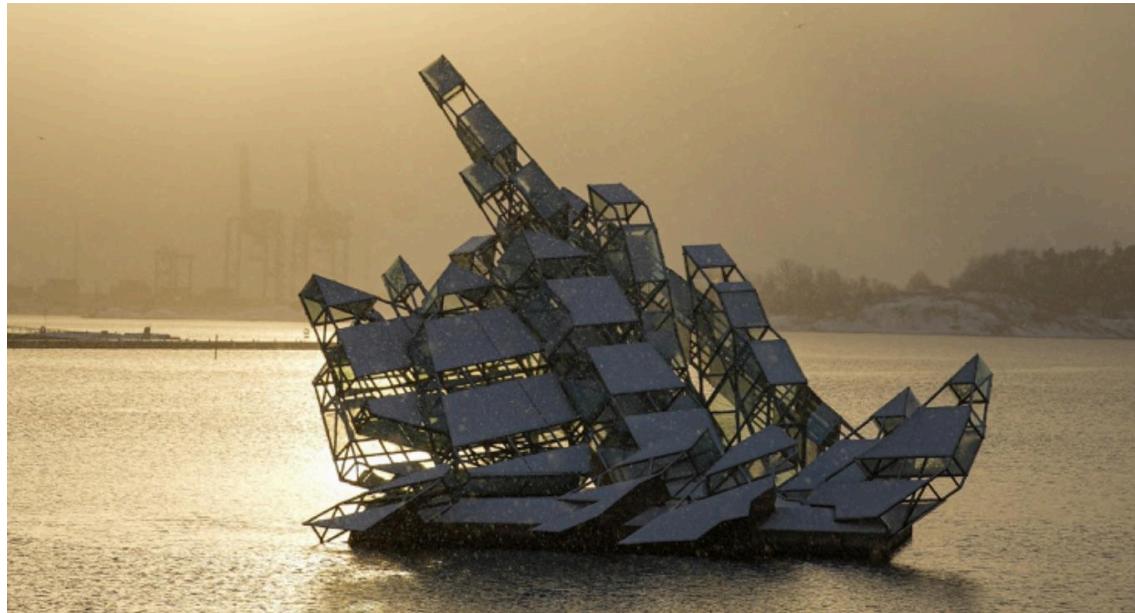
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### WHERE TO SLEEP

My recommendation for accommodation to enjoy your city break to the fullest.

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# INTRO

Oslo – Norway's capital, known for its art and culture, its location on the Nordic fjords, and its fish and cinnamon buns – is an ideal destination for a city break.

A long weekend (3–5 days) offers enough time to experience Oslo's main highlights and get a good impression of the city.

The Norwegian capital is served by several European airports and the flight time is 2.5–3 hours. From the airport, you can reach the city center directly and easily by train in just 19 minutes.

You can buy your ticket by just tapping your card at the entrance. It is not cheap at about 20€.

All of Oslo's sights are easily accessible on foot or by bus and train. Buy your tickets for the bus in the Ruter app.

A boat trip to the surrounding fjords is ideal for a (half) day trip.

There is no classic best time to visit Oslo – the city is worth a visit in summer and winter, and a trip to Oslo is usually combined with trips to other parts of Norway.

In addition to the classic sights (such as the modern opera house), we were particularly impressed by the nice neighborhoods, the good food, the modernity, and the relaxed atmosphere.

# HIGHLIGHTS



**01.**

## Opera House

The Oslo Opera House has become THE symbol of the city. Its modern design is meant to resemble a floating iceberg. The largest hall of the opera house, which opened in 2008, was inspired by the Semperoper in Dresden, Germany. In addition to the entrance area, the building's highlights include the walkable roof and the wooden foyer. Tickets are available online on the opera's website.

**02.**

## Akershus Fortress

Another highlight of the city, Akershus Fortress, is located not far from the opera house on the coast of Oslo. The fortress was built at the end of the 13th century by King Håkon V Magnusson and further expanded in the following years. Today, you can visit the fortress complex, including the buildings, walls, and cannons, free of charge.

**03.**

## Royal Palace

Norway is one of the few countries still ruled by a royal couple, and the residence of the reigning royal couple is the Royal Palace. A visit to the palace and the surrounding palace gardens is particularly worthwhile around lunchtime, when the traditional changing of the guard takes place at 1:30 p.m. The Royal Palace is located at the end of Karl Johans Gate.



## 04.

### **National Museum**

If you want to experience both historical and modern art, the National Museum in Oslo is the place to go. Scandinavia's largest art museum is open to visitors every day except Mondays.

## 05.

### **MUNCH Museum**

The MUNCH Museum is also a cultural highlight when visiting Oslo. Here, you can marvel at the world's largest collection of Edvard Munch's artworks on 13 floors.

## 06.

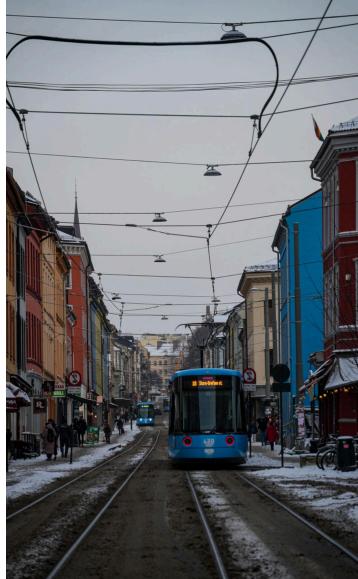
### **Holmenkollen**

On the outskirts of the city is the historic and well-known Holmenkollen ski jump. There is a restaurant and a museum here, and the jump tower offers a fantastic view of the surrounding city.

## 07.

### **Vigeland Park**

The sculpture park with numerous sculptures by Gustav Vigeland in Frogner Park is also well worth seeing. Here you can stroll through the park at your leisure and admire the sculptures.



## 08.

### Grünerløkka

Oslo thrives in particular on its beautiful neighborhoods, and we liked Grünerløkka best. It is the city's hip neighborhood, full of young people, restaurants, cafés, and shops. The streets Damstredet and Telthusbakken are also worth seeing.



## 09.

### Floating Sauna

Anyone visiting Oslo, regardless of the season, should definitely plan a visit to a floating sauna. You can book a spot at <https://oslobadstforeningen.no/en/home/>

Saunas here are visited in swimwear.



## 10.

### Karl Johans

#### Gate

Karl Johans Gate should also definitely be on your itinerary.

This is the city's boulevard, lined with shops, historic buildings such as the Parliament building and the Cathedral, and the Royal Palace at the end.



# DAY TO DAY

**Day 1** - On the day of arrival, after driving into the city center and checking in, you can stroll along *Karl Johans Gate* to get an overview of the city.

In the evening, you can go to *Prinsen* restaurant for dinner.

**Day 2** - Start the second day with breakfast in *Grünerløkka*, for example at *Kuro*, followed by coffee from *Tim Wendelboe*. If you fancy a light lunch, try a classic hot dog at the city's last hot dog kiosk, *Syverkiosken*.

Depending on the weather, you can then spend the day visiting museums, such as the *National Museum* or the *MUNCH Museum*. The *open-air museum* or the *Polar Ship Museum* are also good alternatives. In the afternoon, there is some time for relaxation, and it is best to book a slot for the *floating sauna* online (link above). We liked the *Sukkerbiten* location best. Dinner is then served at *Fiskeriet Youngstorget*.

**Day 3** - The following day begins with a delicious cinnamon roll, e.g. from *Babbo Collective*

and a coffee from *Supreme Coffeeroasters AS*. Spend the rest of the day walking to the *Royal Palace*, through *Akershus Fortress*, and to the *Opera House*. Maybe you'll be lucky enough to catch a performance. Dinner is at *The Salmon* in *Aker Brygge*.

**Day 4** - Time for one last breakfast at *W.B. Samson's*, then it's time to get back to the *airport* and home, or on to the next destination.

# WHERE TO EAT

## Restaurants:

- **Prinsen**

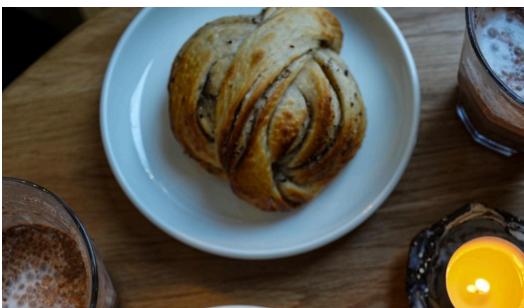
Slightly upscale cuisine, very central  
Prinsens gate 18, 0152 Oslo, Norwegen

- **LuLu**

Chick and very good restaurant.  
Youngs gate 7, 0181 Oslo, Norwegen

- **The Salmon**

Great salmon meals in Aker Brygge  
Strandpromenaden 11, 0252 Oslo, Norwegen



- **Arakataka**

Seasonal seafood  
Mariboes gate 7B, 0183 Oslo, Norwegen

- **Syverkiosken**

Last traditional Hot-Dog Kiosk  
Maridalsveien 45B, 0175 Oslo, Norwegen

- ★ **Fiskeriet Youngstorget**

Amazing fish – top recommendation  
Youngstorget 2b, 0181 Oslo, Norwegen



## Cafés:

- ★ **Kuro Oslo**

Nice breakfast spot, Grünerløkka  
Rathkes gate 9C, 0558 Oslo, Norwegen

- **Daegens Bakeri**

Nice little Café, away from city center  
Ivan Bjørndals gate 25, 0472 Oslo

- **Håndbakt OSLO**

Good breakfast spot with good coffee  
Kjølberggata 21, 0653 Oslo, Norwegen

- **LUT/LAGET Restaurant**

Very good cinnamon rolls  
Rostockgata 124, 0194 Oslo, Norwegen

- **Tim Wendelboe**

Best coffee, also beans for take away  
Grüners gate 1, 0552 Oslo, Norwegen

- **Supreme Roastworks AS**

Also very good coffee  
Thorvald Meyers gate 18A, 0555 Oslo

- **Kiosk! Oslo**

Nice new coffee shop  
St. Halvards gate 71A, 0657 Oslo, Norwegen

# WHERE TO SLEEP

There are a variety of excellent hotels and Airbnbs in Oslo.

We chose **Bob W Oslo Sentralen** for our trip, and there couldn't be a better place to stay for a city break.

All the necessary information, door codes, and more are provided in your own online portal. There is an AI chatbot that answers all queries in seconds, check-in and check-out are done automatically online, and the rooms are nice. In addition, the central location is perfect for a short city break. It's a good 10-minute walk from the main train station.

**Thanks for reading! You can find more details on my website or Instagram & TikTok!**



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